



National Health Observances



Sudden Infant Death Syndrome (SIDS) Awareness Month

Eunice Kennedy Shriver NICHD | 800.370.2943 | nichd.nih.gov

National Physical Therapy Month National Chiropractic Health Month

APTA | 800.999.2782 | MoveForwardPT.com
 American Chiropractic Association | 703.276.8800 | ACAtoday.org

National Dental Hygiene Month

American Dental Hygienists' Association | 312.440.8900 | ADHA.org

Eye Injury Prevention & Home Eye Safety Month

Prevent Blindness America | 800.331.2020 | PreventBlindness.org

Domestic Violence Awareness Month

NCADV | 800.799.SAFE (7233) | ncadv.org

Health Literacy Month

Be an educated health care consumer... Speak with your doctor to better understand your health needs.

HealthLiteracyMonth.org

National Bullying Prevention Month

PACER's National Bullying Prevention Center | 800.537.2237 | PACER.org

Liver Cancer Awareness Month

AACR Foundation | 215.440.9300 | AACRFoundation.org

National Down Syndrome Awareness Month

The Up Side of Downs of Northeast Ohio | 877.353.8763 | TheUpSideOfDowns.org



Breast Cancer Awareness Month

National Breast Cancer Foundation, Inc. | NationalBreastCancer.org

Daily/Weekly Observances

Mental Illness Awareness Week (6th - 12th)

National Alliance of Mental Illness (NAMI) | 800.950.6264 | NAMI.org

Fire Prevention Week (6th - 12th)

National Fire Protection Association | 800.344.3555 | NFPA.org

National Depression Screening Day (10th)

Screening for Mental Health, Inc. | 800.273.TALK | MentalHealthScreening.org

World Arthritis Day (12th)

Arthritis National Research Foundation | 800.588.2873 | CureArthritis.org

Bone and Joint Action Week (12th - 20th)

US Bone & Joint Initiative | 847.430.5054 | usbji.org

Five Special Days during Bone & Joint Action Week:

- Oct 12 - World Arthritis Day
- Oct 16 - World Spine Day
- Oct 17 - World Trauma Day
- Oct 19 - World Pediatric Bone & Joint Day
- Oct 20 - World Osteoporosis Day



National Mammography Day (18th)

NBCF | 972.248.9200 | NationalBreastCancer.org

Respiratory Care Week (20th - 26th)

American Association for Respiratory Care | 972.243.2272 | AARC.org

Red Ribbon Week (23rd - 31st)

National Family Partnership | 800.705.8997 | RedRibbon.org

World Stroke Day (29th)

American Stroke Association | 888.4.STROKE | StrokeAssociation.org