

# August

## National Health Observances



### National Immunization Awareness Month

The goal of NIAM is to increase awareness about immunizations across the lifespan, from infants to the elderly. It is important to make sure that you're up to date on all recommended vaccines, as that is your best defense against obtaining and spreading serious diseases.

American Academy of Pediatrics | 847.434.4000  
[healthychildren.org](http://healthychildren.org)

### Children's Eye Health and Safety Month

More than 12 million children suffer from vision impairment, and eye injuries are one of the leading causes of vision loss in children. Most children have healthy eyes, but there are conditions that can threaten good vision. Set up some time today for an eye exam

Prevent Blindness | 800.331.2020  
[preventblindness.org](http://preventblindness.org)

### Psoriasis Awareness Month

Affecting nearly 7.5 million people, psoriasis is currently the most common autoimmune disease in the U.S. The National Psoriasis Foundation sponsors Psoriasis Awareness Month to raise awareness, encourage research and advocate for better care for people with psoriasis.

National Psoriasis Foundation | 800.723.9166  
[psoriasis.org](http://psoriasis.org)

### National Breastfeeding Month

Studies affirm the benefits of breastfeeding in protecting both mothers and children from a host of acute and chronic diseases. Aside from speaking with doctor, TheBump.com offers fantastic advice, tips and shared stories on this very important and personal matter.

The Bump  
[TheBump.com](http://TheBump.com)



### Medical Alert Awareness Month

Medical alert IDs provide for a quick recognition of your medical conditions, allergies, medications, or treatment wishes, which lead to faster and more effective medical treatment. The Medical ID bracelets also reduce treatment errors which may result from not having a patient's health record during an emergency situation or upon hospital admission.

Search the internet today to find beautiful, fun and comfortable Medical Alert jewelry.

### KidsDay (August 2<sup>nd</sup>)

National KidsDay was created to encourage adults – parents, grandparents, relatives, neighbors, caregivers and friends – to spend more meaningful time with children.

Building a better world for all.

KidsPeace | 800.25.PEACE  
[kidspeace.org](http://kidspeace.org)

