

JUNE

National Health Observances, 2015

Cataract Awareness Month

Cataract is the leading cause of blindness in the world. While cataract affects more than 24 million Americans age 40 and older, cataract can occur among young adults or children.

Friends for Sight | 800.675.LOOK | FriendsForSight.org

Hernia Awareness Month

An estimated 5 million Americans have hernias and only 700,000 have them surgically repaired each year. Don't let a hernia restrict you and keep you from the activities you enjoy.

Cleveland Clinic - Hernia Center | 216.444.6644 | ClevelandClinic.org



National Great Outdoors Month

American Recreation Coalition | 202.682.9530
GreatOutdoorsMonth.org



Men's Health Month

The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.

US Department of Health and Human Services | FOH.HHS.gov

National Safety Month

National Safety Month focuses on reducing injury and death at work, on the road and in our homes and communities.

National Safety Council | 800.621.7615 | NSC.org

National Aphasia Awareness Month

Aphasia is a communication disorder that impairs the ability to speak and understand others, affecting over 1 million Americans and growing.

The National Aphasia Association | Aphasia.org

Migraine and Headache Awareness Month

Over 45 million Americans experiences chronic (re-occurring) headaches. Without proper treatment, headaches can be severe and interfere with daily activities.

National Headache Foundation | 312.274.2650
Headaches.org

national cancer survivors day®

June 1st *celebrate life.*

More than one million people in the US get cancer each year and over 14 million Americans are alive with a history of cancer. Help celebrate life.

National Men's Health Week (15th - 21st)

Men face unique health challenges, and one of the most dangerous is their reluctance to seek health care. Many of the major health risks that men face – such as heart disease and colon cancer – can actually be prevented and treated with earlier diagnosis.

Centers for Disease Control and Prevention | 800.232.4636
CDC.gov

Sun Safety Week (June 1st - 8th)

The sun's ultraviolet (UV) rays can damage your skin in as little as 15 minutes. Protect yourself and your family.

Sun Safety Alliance | 703.481.1414
SunSafetyAlliance.org

