

National Health Observances, 2014

October

Breast Cancer Awareness Month

National Breast Cancer Awareness Month is committed to increasing awareness, early detection and encouraging women to take care of their own breast health.

National Breast Cancer Foundation, Inc. |
NationalBreastCancer.org

Chiropractic Health Month

Chiropractic professionals nationwide take this month to better educate consumers about the benefits chiropractic service and its relationship to the preservation of good health.

American Chiropractic Association | 703.276.8800
ACAtoday.org



Dental Hygiene Month

Regular dentist visits can do more than keep your smile attractive – they can tell dentists a lot about your overall health. So keep up on your twice yearly cleanings!

American Dental Hygienists' Association | 312.440.8900
ADHA.org

National Down Syndrome Awareness Month

Quality educational programs and positive support from family, friends and the community are a few things that better enable people with Down syndrome to develop their full potential and lead fulfilling lives.

National Down Syndrome Society | 800.221.4602
NDSS.org

Domestic Violence Awareness Month

Domestic violence is best understood as a pattern of abusive behaviors used by one intimate partner against another to gain, maintain, or regain power and control in the relationship. Don't stand silent... there is always a safe haven for you and/or a friend.

National Resource Center on Domestic Violence | 800.537.2238
NRCDV.org

Eye Injury Prevention & Home Eye Safety Month

Approximately half of all eye injuries occur in or around the home. Learn how to keep the eyes safe while at home.

Prevent Blindness America | 800.331.2020
PreventBlindness.org

Health Literacy Month

Be accountable... focus on better understanding all issues related to your health and benefit coverage. Like, what is an EOB?

HealthLiteracyMonth.org

Physical Therapy Month

PT aims to assist individuals with the achievement, maintenance, and restoration of maximal physical functioning and health throughout their life.

American Physical Therapy Association | 800.999.2782
MoveForwardPT.com

National Bullying Prevention Month

What are your true colors when it comes to bullying?

PACER's National Bullying Prevention Center | 888.248.0822
PACER.org

Daily/Weekly Observances

Mental Illness Awareness Week (5th - 11th)

National Alliance on Mental Illness | 703.524.7600
NAMI.org/miaw

Fire Prevention Week (5th - 11th)

National Fire Protection Association | 800.344.3555
NFPA.org

Arthritis Day (12th)

Arthritis Foundation | 404.872.7100
Arthritis.org

Respiratory Care Week (19th - 25th)

American Association for Respiratory Care | 972.243.2272
AARC.org

Red Ribbon Week (23rd - 31st)

The National Family Partnership | 800.705.8997
RedRibbon.org